

# WorldHelp® Prayer Guide

This month, pray for families who are spending the holidays without enough food or resources.

DECEMBER  
2019

WEEK 1

Dec.  
1-7

## PRAY FOR CHILDREN SUFFERING FROM MALNUTRITION

Most Christmas celebrations are filled with food. But this holiday season, many children around the world won't have anything to eat. A child who doesn't have access to nutritious food will have stunted physical and mental growth and may not even survive to adulthood. *Pray that starving children will receive the healthy food they desperately need this holiday season.*

WEEK 2

Dec.  
8-14

## PRAY FOR PARENTS STRUGGLING TO PROVIDE

Parents who weren't able to receive an education usually have low-paying jobs – and that means they have no way to buy presents for their children. In fact, most days it's a challenge for them just to put food on the table. *Pray that God will open doors for these parents to receive vocational training or discover job opportunities to pull their families out of poverty.*

WEEK 3

Dec.  
15-21

## PRAY FOR PEOPLE WITHOUT CLEAN WATER

Between all the extra holiday cooking and the massive piles of dirty dishes that accumulate after parties, our taps get turned on a lot during the holidays. And, chances are, we don't think twice about it. But many people living in poverty have to use contaminated water for drinking, cooking, and cleaning. *Pray these families will gain access to clean water so they can lead healthier lives.*

**WEEK 4**

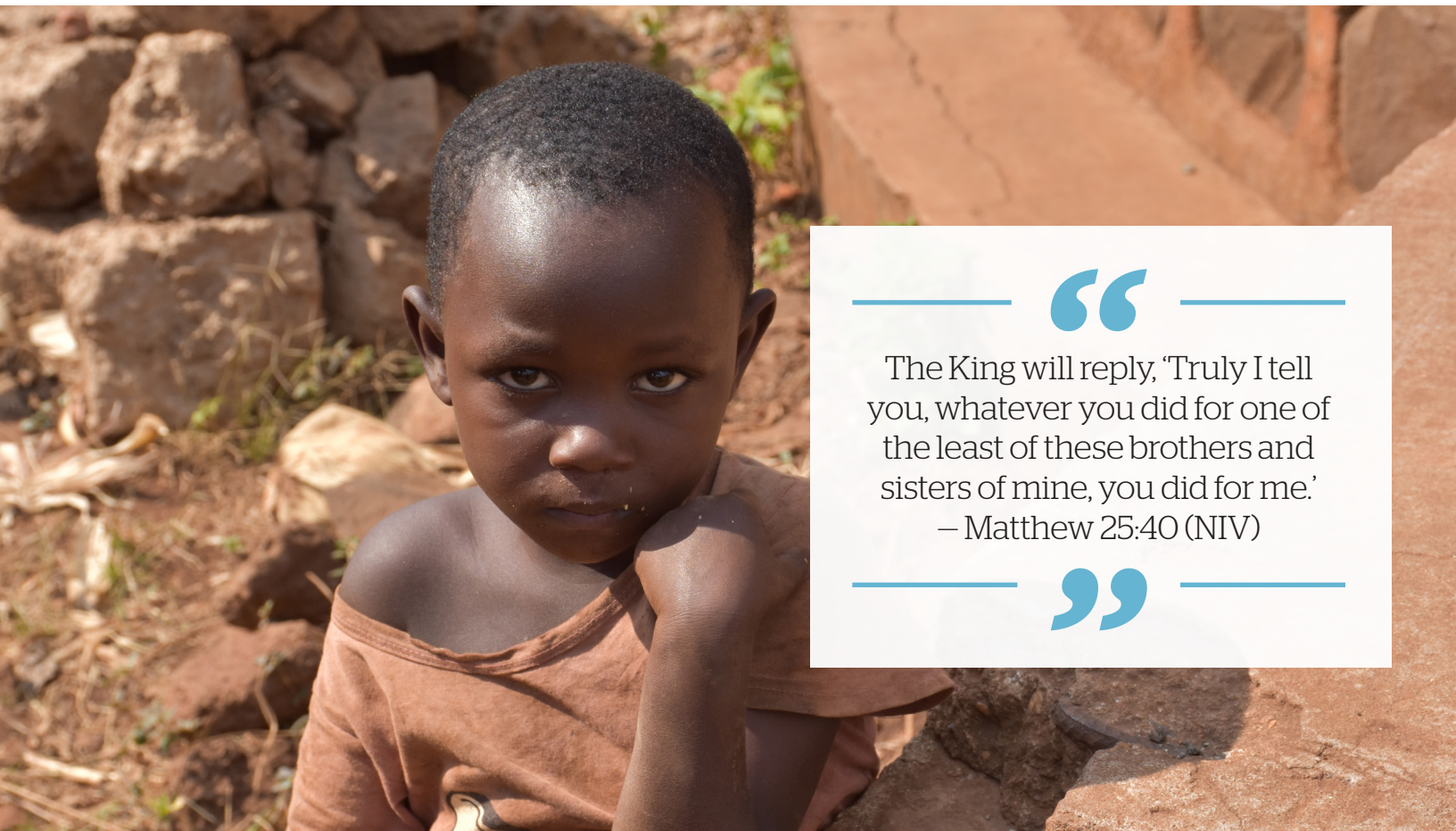
**Dec.  
22 - 28**

## **PRAY FOR BOYS AND GIRLS WHO NEED MEDICINE**

There's nothing worse than being sick at Christmas. Around the world, many boys and girls are battling deadly parasites that cause excruciating cramps, nausea, and constant weight loss. The cure, though, is simple. A single dose of medicine will wipe the parasites from a child's body. Unfortunately, most families can't afford it. *Pray that boys and girls will receive the anti-parasite medication they need to get better and can celebrate without pain this holiday season.*

### **Want to help be the answer to some of these urgent prayers?**

Learn how you can give life-changing gifts like food, water, medicine, and vocational training at [christmasgiving.org](http://christmasgiving.org).



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The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'

— Matthew 25:40 (NIV)

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