



## NEPAL AT A GLANCE:

*Population:* 31.1 million

*Religion:* Hinduism, Buddhism, Islam, Kirat, Christianity

*Official language:* Nepali

*People living in poverty:* 25%

## The Need

Nepal is one of the world's poorest countries with over 40 percent of rural residents living below the national poverty line. Families struggle with limited access to essentials like clean water, medical care, proper sanitation. Children are especially vulnerable to disease due to these poor conditions, and child malnutrition rates are extremely high. Most of the children from Nepal's poorest communities have limited educational opportunities as well, making it nearly impossible for them to break the cycle of poverty.

## How You Can Help

To help meet these needs, World Help's in-country partner has established a network of children's homes and community outreach programs that provide nutritious meals and life-changing aid for boys and girls in need. However, these children need sponsors to cover the cost of their meals and other essentials.

By supporting these children, your church will provide them with the ability to learn, grow, and achieve their dreams. They will have access to educational assistance as well as other essentials like nutritious food, clothing, and medical care. Plus, they can also participate in extracurricular activities like arts and crafts, athletics, and even VBS.

## Additional Ways To Get Involved

If you choose to travel to Nepal, you will also be able to minister to many of these children and their families in some of the suggested ministry activities below. Plus, you can give financially to other special projects that will help improve the entire community.

### Trip Activities:

VBS  
Food Bag Distribution  
Leadership Training

### Special Project Opportunities:

School Improvements  
Clean Water Projects  
Food Bags  
Leadership Training



GUIDESTAR ACCORD network