



# WorldHelp® PRAYER GUIDE

Join the World Help family in praying for young girls and women in Thailand and India to experience freedom from the sex industry.



## WEEK 1

### **PRAY FOR THE WOMEN TRAPPED IN THE SEX INDUSTRY**

In both Thailand and India, many women in the sex industry feel trapped, knowing their families depend on the income they provide. This burden, combined with years of exploitation and abuse, strips away their sense of dignity and self-worth. Many of these women suffer from trauma, sexually transmitted diseases, and deep emotional scars. *Please pray for God to bring these women physical, mental, and spiritual healing and open doors for them to experience freedom.*

## WEEK 2

### **PRAY FOR AN END TO NARI MATA IN INDIA**

The Banchara community in India practices a tradition known as Nari Mata, which grooms the eldest daughter of each family to enter the sex industry when she turns 12 years old. To show that they are open for business, these girls will sit on cots outside of their homes and have several customers per day. *Please pray for the Holy Spirit to move in the hearts of the Banchara people, inspiring them to bring an end to the practice of Nari Mata.*

## WEEK 3

### **PRAY FOR YOUNG GIRLS IN RURAL THAILAND**

In many rural areas of Thailand, girls face immense pressure to be the breadwinners for their families. Desperate for high-paying jobs, they are lured to cities like Bangkok or Pattaya by promises of decent work. Instead, many of these girls find themselves trapped in the sex industry. *Please pray for God to protect these girls from exploitation and provide them with educational opportunities for a better, brighter future.*

## WEEK 4

### PRAY FOR WOMEN AGING OUT OF THE INDUSTRY

After years of exploitation, many women who are aging out of the sex trade find themselves with no means to support themselves or their families. No longer considered “desirable,” they are left sick, broken, and burdened by years of abuse, humiliation, and shame. *Pray for the Holy Spirit to guide these women to new beginnings filled with healing, dignity, and hope.*

**Help a girl experience freedom  
from the sex industry today.**  
Visit [worldhelp.net/freedom](http://worldhelp.net/freedom) to learn more.



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God is within her, she will  
not fall; God will help her at  
break of day.

—Psalm 46:5

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