

# VOLUNTEER WITH US!

HELP SHIP LIFESAVING SUPPLIES AROUND THE WORLD

**Y**ou can play a vital role in sending people around the world the help they need. World Help receives more than 1 million pieces of donated clothing, medical equipment, packages of food, and more each year. But these lifesaving supplies must be counted, sorted, and packed in our distribution center in Forest, Virginia, before they can be shipped to the people who are waiting for them. That's why volunteers like you are essential!



By donating a few hours of your time, you can help hundreds of men, women, and children in need.

## AS A VOLUNTEER, YOU'LL HELP WITH TASKS SUCH AS:

- Sorting and counting clothes and shoes by size and type
- Conditioning and testing medical equipment
- Assembling hygiene and emergency kits
- Packaging and labeling boxes of relief supplies
- Loading and unloading trucks

## YOU'LL HELP PEOPLE AROUND THE WORLD

The supplies you help ship will be sent to people all around the globe in countries like:



Burundi



El Salvador



Zambia



Peru



Ukraine

AND MORE!

## YOUR IMPACT BY THE NUMBERS

Last year, World Help volunteers helped send 31 shipments valued at over \$21 million, impacting 510,630 people!

Every hour you volunteer equals, on average:

**\$1,929**

worth of supplies sent to people in need

and

**49**

lives impacted

### SIGN UP TO VOLUNTEER

**Online:** [worldhelp.net/volunteer](http://worldhelp.net/volunteer)

**By phone:** 800-541-6691

**By email:** [volunteers@worldhelp.net](mailto:volunteers@worldhelp.net)

### Can't volunteer but still want to help?

You can donate to help cover shipping costs at [worldhelp.net/shipping](http://worldhelp.net/shipping). Every \$1 you donate ships \$16 worth of aid.